

Ready Freddy Parent-Child Activity Calendar

A Quick Guide for Home Visitors

The Ready Freddy Parent-Child Activity Calendar is a great tool to use with families preparing for kindergarten. Over the course of the year, you can encourage parents to support their children as they prepare for one of the most important transitions in their lives. Each month corresponds with a specific theme that reinforces academic, social, and emotional development while generating excitement about being in kindergarten. The calendar also includes The ABC's of My Child, an activity sheet parents can give to their kindergarten teacher upon completion to help introduce them to the unique qualities of their child.

5 Helpful Hints

1. When reviewing the calendar with parents, show them each month to build interest in using the calendar.
2. Encourage parents to put the calendar in a place where they will see it often such as on the refrigerator. If possible, give your parents a device to hang it up. This calendar can also be used to track other family appointments and activities.
3. There are lots of great activities for parents to do with their child each month. Encourage them to do as many as they are comfortable with doing.
4. Recommend parents circle or place a marking next to the activities they chose to complete each month to promote a sense of accomplishment and achievement.
5. Each month, use the calendar as an opportunity to talk with your families about their thoughts and feelings about the upcoming transition to kindergarten. Ask families:
 - what their favorite activities on the calendar are
 - any concerns or fears they have
 - what they have questions about
 - what they are excited about

Questions or recommendations? Feel free to contact the Ready Freddy Team at www.readyfreddy.org/contact
