

Ready Freddy

PATHWAYS TO KINDERGARTEN SUCCESS

2013 Calendar

Lyrics for songs that are included in the calendar



Twinkle, Twinkle, Little Star

Twinkle, twinkle little star,
how I wonder what you are.
Up above the world so high,
like a diamond in the sky.
Twinkle, twinkle little star,
how I wonder what you are.

Hickory Dickory Dock

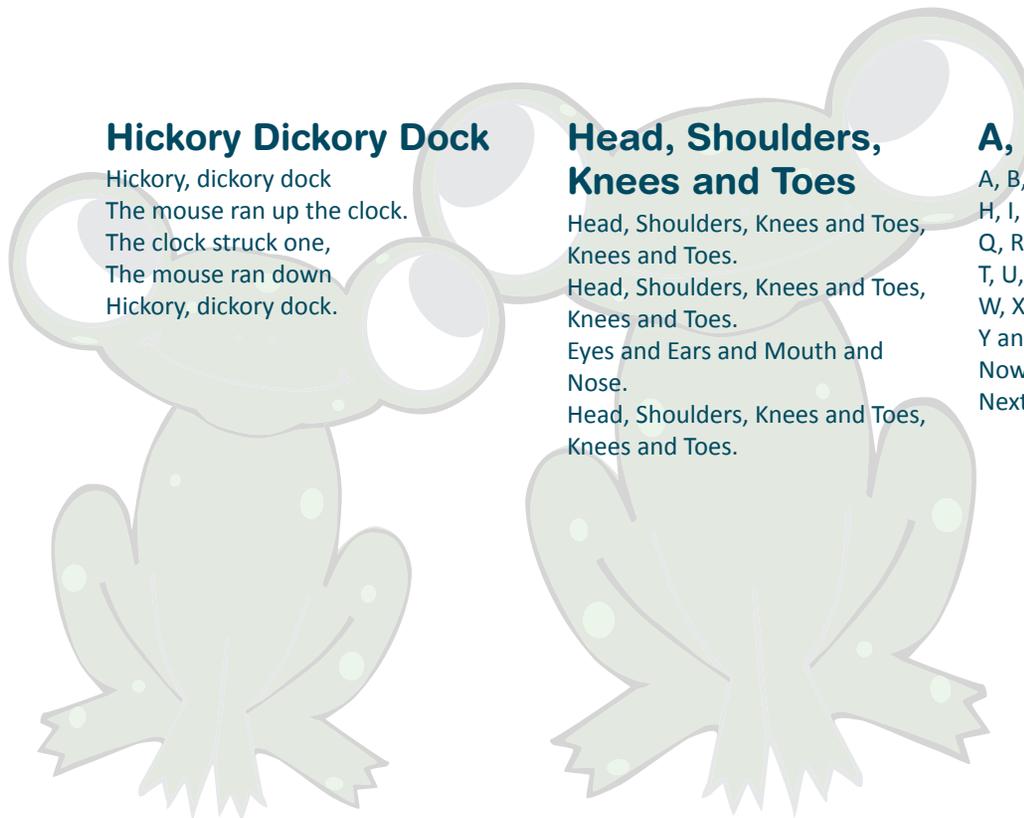
Hickory, dickory dock
The mouse ran up the clock.
The clock struck one,
The mouse ran down
Hickory, dickory dock.

Head, Shoulders, Knees and Toes

Head, Shoulders, Knees and Toes,
Knees and Toes.
Head, Shoulders, Knees and Toes,
Knees and Toes.
Eyes and Ears and Mouth and
Nose.
Head, Shoulders, Knees and Toes,
Knees and Toes.

A, B, C Song

A, B, C, D, E, F, G;
H, I, J, K, L, M, N, O, P;
Q, R, S;
T, U, V;
W, X;
Y and Z.
Now I've sung my ABCs,
Next time won't you sing with me.



It's a new year

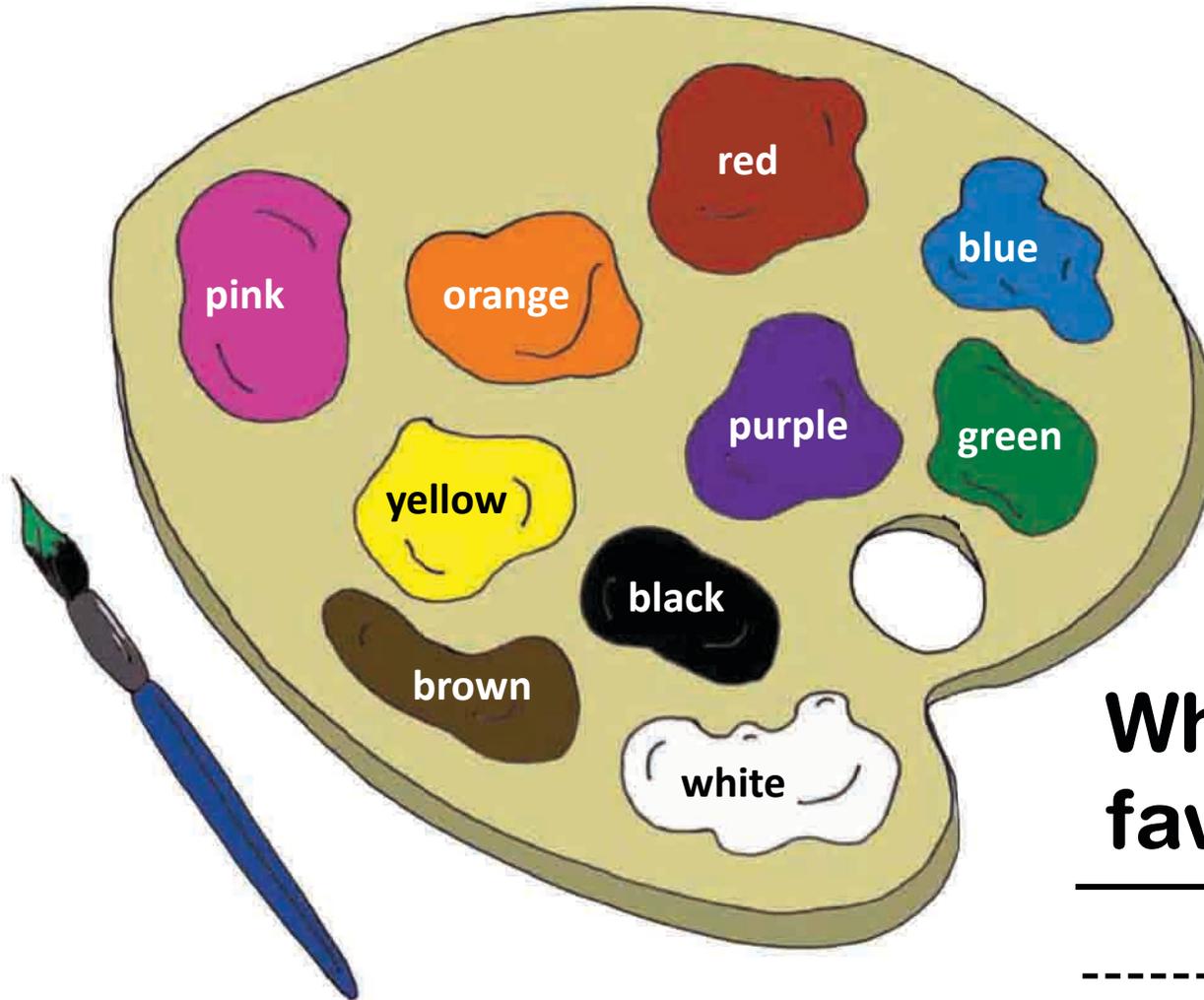
with Ready Freddy!

This is a big year for you and your child. Working on activities together will be great practice for learning together.

Every month has a special theme. You and your child can explore different games, colors, skills and values together. You don't have to do each activity on the given day, just remember to have fun together!

For more information, please call us at 412 244 6372 or call your school!

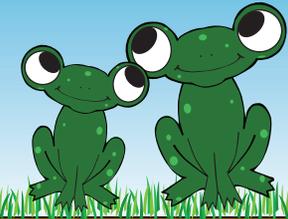
Do you know the colors on the paint palette?



What is your favorite color?

January 2013

Splash of Colors Month!



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30	31	1 New Year's Day	2	3	4 <i>Count how many colors are in your room</i>	5
<i>Red and Orange Week! Look for things that are red and orange!</i>						
6 <i>Sort and match your clothes by color</i>	7	8	9	10 <i>Draw and color a picture of Ready Freddy the frog</i>	11	12
<i>Green and Yellow Week! Look for things that are green and yellow!</i>						
13	14	15	16 <i>Learn the colors of street signs</i>	17	18	19 <i>Name the colors in the fruits section at the store</i>
<i>Blue and Purple Week! Look for things that are blue and purple!</i>						
20	21 Martin Luther King Day	22 <i>What colors are your toys?</i>	23	24	25	26 <i>Library Visit Day! Find a book about colors</i>
<i>Black and White Week! Look for things that are black and white!</i>						
27	28 <i>Color a picture of your family</i>	29	30	31	<p>1.....2.....</p> <p><i>In the months ahead, these boxes will have special information about starting school.</i></p>	

A B C D E F
G H I J K L M
N O P Q R S
T U V W X Y Z

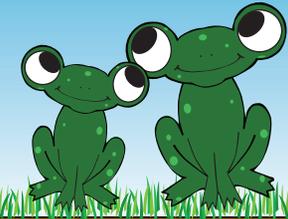
My name is

Blank writing area with a dashed line for handwriting practice.

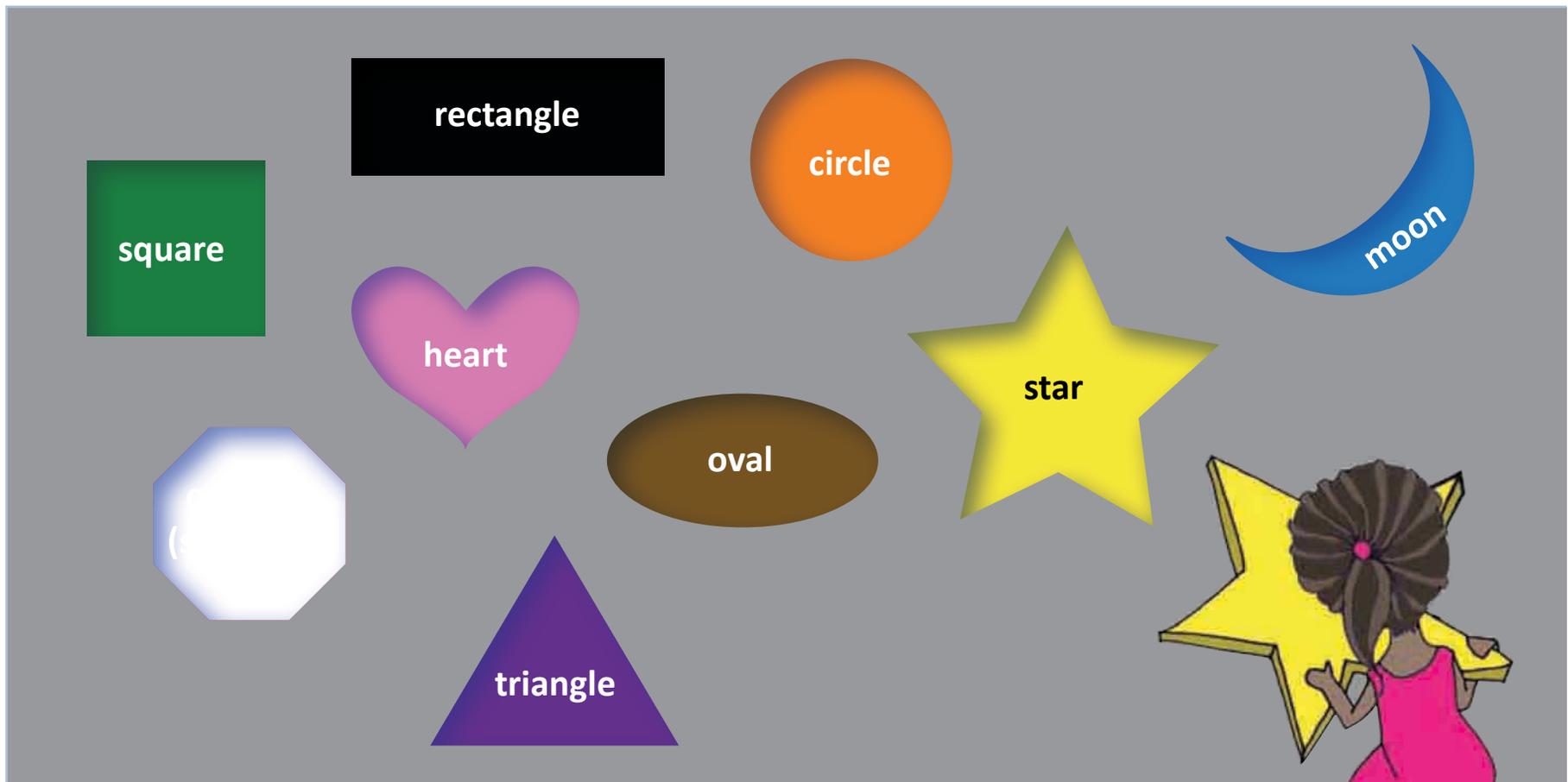
This is me ↑
(Draw yourself here)

February 2013

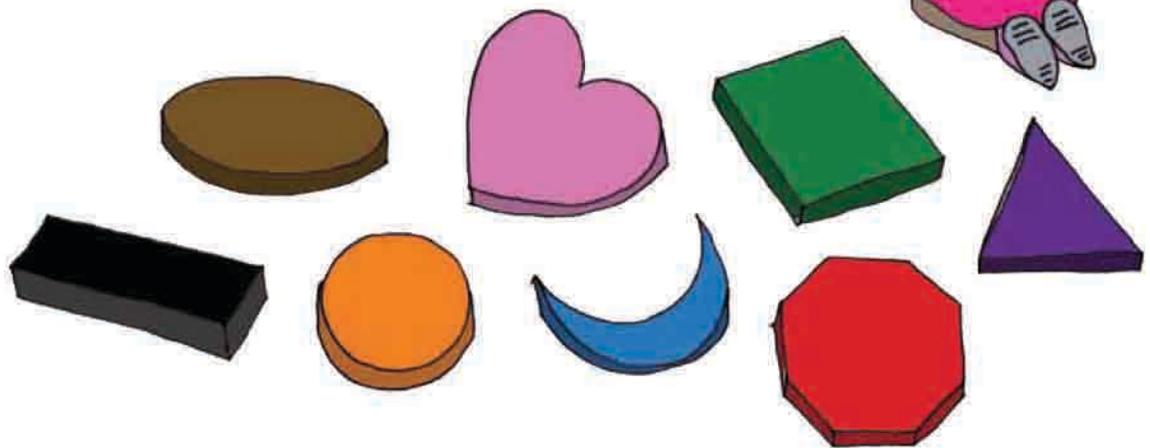
Learn Letters and Write your Name Month!



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
27	28	29	30	31	1 <i>Sing the "ABC song"</i>	2
<p><i>February is a special enrollment time for children in pre-school, but anyone can register early! Call your school to find out how.</i></p>						
3 <i>Cut out and complete your I.D. card from the back cover</i>	4 <i>Look for the first letter in your name</i>	5	6 <i>Look for the second letter in your name</i>	7	8	9 <i>Look for the third letter in your name</i>
10	11	12 <i>Practice writing your first name</i>	13	14 Valentine's Day	15	16 <i>Library Visit Day!</i>
17	18 Presidents' Day	19	20 <i>Practice writing your last name</i>	21	22 <i>Write down all the letters in the alphabet</i>	23
24	25	26 <i>Learn to write someone else's name</i>	27	28	1	2

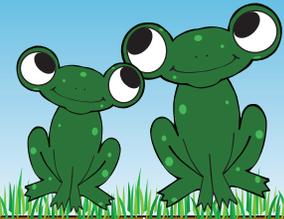


**Can you help
Sally find the
shapes on
the board?**



March 2013

Shapes Month



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
24	25	26	27	28	1 <i>Sing "Twinkle, Twinkle, Little Star"</i>	2
3	4 <i>Draw some circles and see what funny faces you can make!</i>	5	6	7	8 <i>Play tick, tack, toe</i>	9
Look for things that are Circles Week!						
10 Daylight Saving Time Begins at 2am	11	12 <i>Name the shape of the street signs</i>	13	14	15	16 <i>Library Visit Day!</i>
Look for things that are Square Week!						
17	18 <i>What shapes can you see out of your window today?</i>	19	20 First Day of Spring	21	22 <i>Put together a puzzle!</i>	23
Look for things that are Triangles Week!						
24	25	26 <i>Use shapes to draw a picture of where you live. Hint: the door is a rectangle</i>	27	28 <i>Set the table together. Name the shapes!</i>	29	30
Look for things that are Rectangles Week!						
31 Easter Sunday	1	3	4	5	6	7

practice your **NUMBERS**

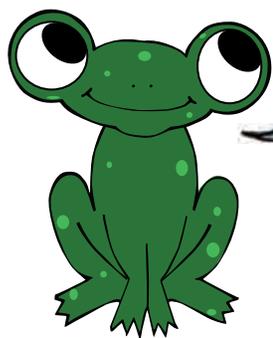
0 1 2 3 4 5

6 7 8 9 10

11 12 13 14 15

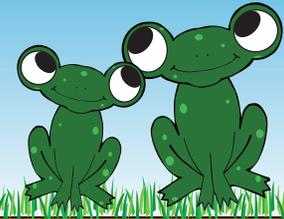
16 17 18 19 20

How old are you? _____



April 2013

Countdown to Kindergarten (Numbers Month)



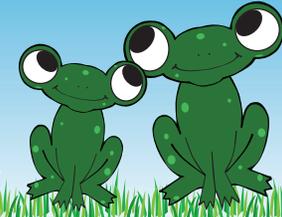
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
31	1	2	3	4	5	6
	<p><i>April is Kindergarten enrollment month! Call your school district to check the date for registration and schedule a school visit for you and your child.</i></p>				<p><i>Fill out the "ABCs of my Child" form from the back of the calendar to take to your school visit</i></p>	
7 <i>Count to 20</i>	8	9 <i>Count toys during clean up</i>	10	11 <i>Measure how tall you are</i>	12	13 <i>Library Visit Day!</i>
<i>Look for things that are Big Week!</i>						
14	15 <i>Play a card game or dominos</i>	16	17 <i>Look for Things in Pairs Day!</i>	18	19	20 <i>Cook together – measure ingredients</i>
21	22 <i>Earth Day Look for plants today</i>	23 <i>Learn your phone number</i>	24	25 <i>Count down from 10 to 1</i>	26	27
<i>Look for things that are Small Week!</i>						
28	29 <i>Learn your Address Day!</i>	30	1	2	3	4



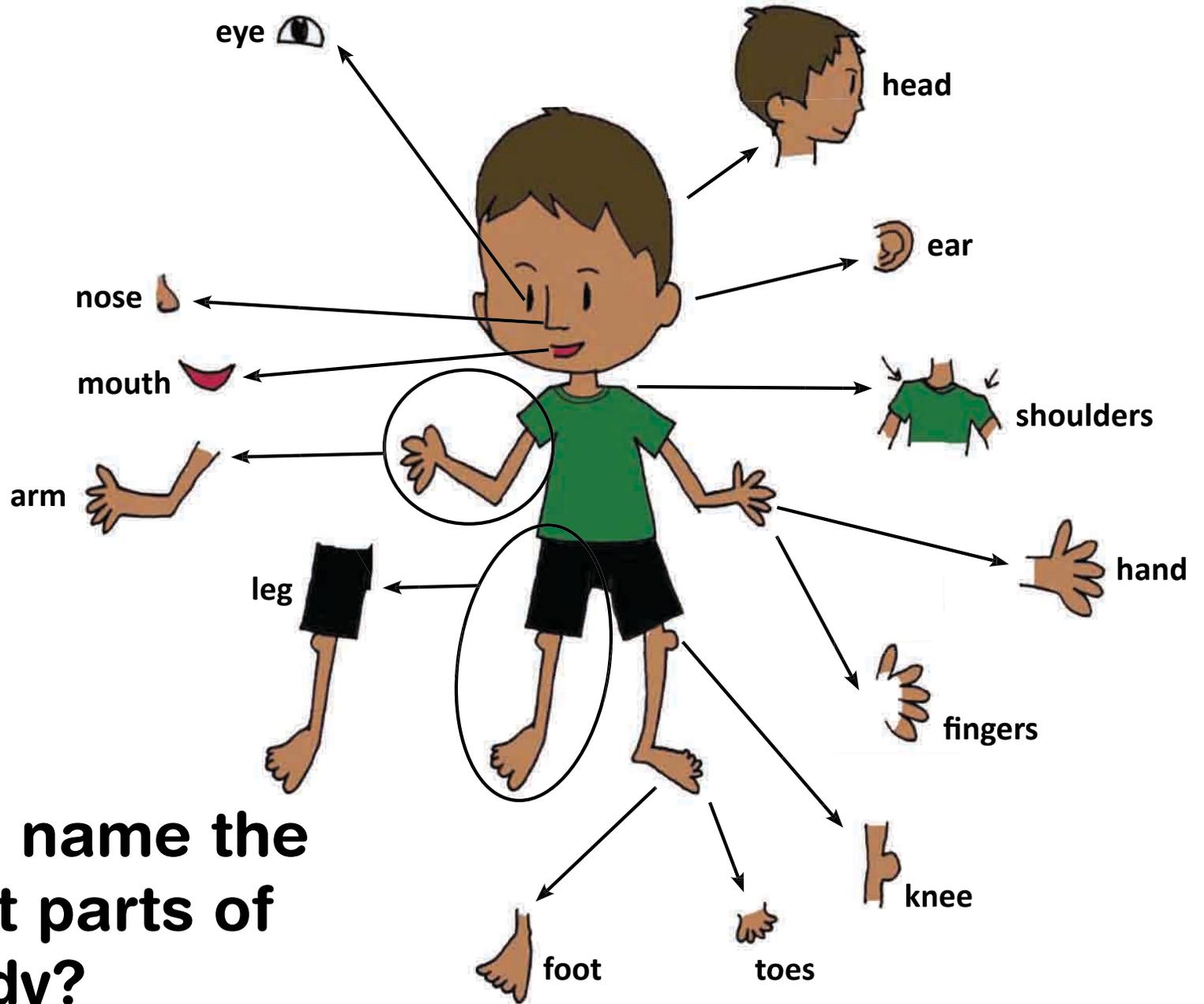
Visit www.readyfreddy.org for more great ideas!

May 2013

It's Time to Work with Time!



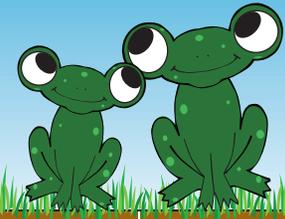
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28	29	30	1	2	3 <i>Race with a friend or sibling!</i>	4
5 <i>Cook together – how long does it take to make your favorite meal?</i>	6	7 <i>Wash your hands for 15 seconds (same time it takes to sing happy birthday 2 times fast)</i>	8	9	10	11 <i>Library Visit Day!</i>
12 Mother's Day	13 <i>Make a schedule for the day</i>	14	15	16 <i>Time yourself: What are all the things you can do in 1 minute?</i>	17	18
<i>Practice naming the days of the week!</i>						
19	20 <i>Learn to set an alarm clock</i>	21	22	23 <i>Sing "Hickory Dickory Dock"</i>	24	25 <i>Time yourself: brush your teeth for 2 minutes</i>
26	27 Memorial Day	28 <i>What time did you get up today?</i>	29	30	31	1



Can you name the different parts of your body?

June 2013

Move your Body Month!



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
26	27	28	29	30	31	1 <i>Play with a ball</i>
<i>Summer is great for learning. Check with your school and local library for summer activities.</i>						
2	3	4 <i>Draw a picture of yourself</i>	5	6	7	8 <i>Get dressed all by yourself</i>
9	10 <i>Library Visit Day!</i>	11	12 <i>Practice with zippers</i>	13	14	15 <i>Running Day!</i>
16 Father's Day	17	18 <i>Sing "Head, Shoulders, Knees and Toes"</i>	19	20 <i>Walking Backwards Day!</i>	21 First Day of Summer	22 <i>Practice with buttons</i>
23	24 <i>Hopping Day! (try hopscotch or jumping rope)</i>	25	26 <i>Practice tying shoelaces</i>	27	28	29
30	1	2	3	4	5	6

Parts of a good friend

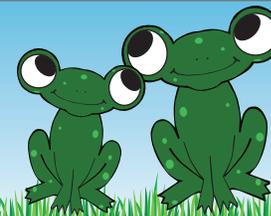
Cut out the pieces from the back of the calendar and glue or tape them to this model to build a good friend



Visit www.readyfreddy.org for more great ideas!

July 2013

Make a Friend and Work Together Month!



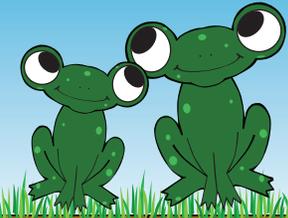
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30	1 <i>Draw a picture of a friend</i>	2	3 <i>Sharing Day!</i>	4 Independence Day <i>Draw a red, white and blue picture!</i>	5	6 <i>Counting Day!</i>
7 <i>Visit the park – make a new friend</i>	8	9	10	11 <i>Play a game with someone</i>	12	13
14	15 <i>Play School Day!</i>	16	17	18 <i>Be a Good Helper Day!</i>	19	20 <i>Library Visit Day! Find books about friends</i>
21	22 <i>Practice school morning routine</i>	23	24 <i>Set the table together</i>	25	26	27
<i>Practice saying please and thank you week!</i>						
28	29	30 <i>Read a Book Together Day!</i>	31	1	2	3
<i>Call your school district to check the date for registration and schedule a school visit for you and your child.</i>						



**Pretend you are
the teacher**

August 2013

Play School Month!



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28	29	30	31	1 <i>Set and practice a school bedtime to get in the habit</i>	2	3 <i>Practice Writing your Name Day!</i>
<i>Put the first day of school on the calendar.</i>						
4	5 <i>"I can brush my teeth" Day!</i>	6	7 <i>Call the school to set a time to visit and meet the teacher</i>	8	9 <i>"I can get dressed" Day!</i>	10
11 <i>Play School Day!</i>	12	13	14	15 <i>"I can wash my hands" Day</i>	16	17 <i>Make a plan for how to get your child to school if you can't go</i>
18	19 <i>Practice school morning routine</i>	20	21	22 <i>Name the parts of being a good freind</i>	23	24 <i>Library Visit Day!</i>
25 <i>Practice walking or driving to school</i>	26	27	28	29	30	31

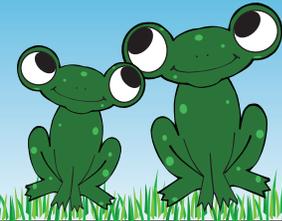
What other activities do you do at school?



Visit www.readyfreddy.org for more great ideas!

September 2013

Having Fun at School Month!



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 Labor Day	<p><i>If you haven't already, help your child be more comfortable by visiting the school before the first day.</i></p>				7 <i>Library Visit Day! Read a book about starting school</i>
8 <i>Review the school calendar</i>	9	10 <i>Draw a picture of your favorite part of the school day</i>	11	12 <i>Draw a picture of your teacher</i>	13	14
<p><i>Check in with your child's teacher this week</i></p>						
15	16 <i>Talk about school together – how was your day?</i>	17	18	19	20 <i>Mark every day you went to school this week with a star!</i>	21
22 First day of Fall <i>Draw a picture about Fall</i>	23	24	25 <i>Draw a picture of yourself and a new friend</i>	26	27	28 <i>Draw a picture of the part of the day you are most excited for tomorrow</i>
29	30 <i>Talk about what you've learned in school so far</i>	<p><i>Now's a good time to talk with your child's teacher about working together on learning goals.</i></p>				5

October Smiley Chart :)

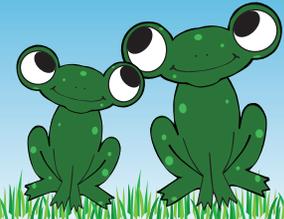
Says "Please" and "Thank You"	Covers mouth when coughs or sneezes	Uses bathroom independently	Washes Hands	Listens to adults	Gets dressed without help
					

Draw a smiley face in the box every time your child successfully completes the task listed above the box.

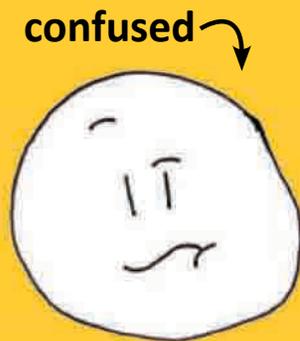
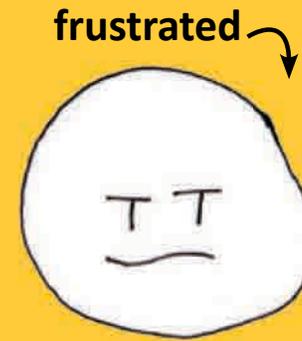
Visit www.readyfreddy.org for more great ideas!

October 2013

Look What I Can Do Month!



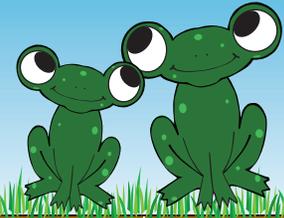
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
29	30	1	2 <i>Tell a Story about your Favorite Book Day!</i>	3	4	5 <i>Library Visit Day!</i>
6 <i>Draw a picture of something you just learned</i>	7 Columbus Day	8	9	10	11 <i>Hopping Day!</i>	12
<i>Check in with your child's teacher this week</i>						
13	14	15 <i>Help around the house</i>	16	17	18	19 <i>Act out a Story Day!</i>
20	21 <i>Talk about what you've learned in school so far</i>	22	23	24 <i>Read a book together</i>	25	26
27 <i>Sharing Day!</i>	28	29	30	31 Halloween <i>Count smiley faces on your chart</i>	1	2



How are you feeling today?

November 2013

Talk about feelings Month



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
27	28	29	30	31	1	2
<i>Talk to your child about feelings every day.</i>						
3 Daylight Saving Time Ends at 2am	4	5	6 <i>Draw something that makes you happy</i>	7	8	9
<i>Check in with your child's teacher this week</i>						
10	11 Veterans Day	12 <i>Tell a story about something that makes you sad</i>	13	14	15	16 <i>Library Visit Day!</i>
17	18	19 <i>Draw something that makes you excited</i>	20	21	22	23
24 <i>Tell a story about something that makes you angry</i>	25	26	27	28 Thanksgiving Day <i>Draw something that you are thankful for</i>	29	30



I can

I love to

I want to

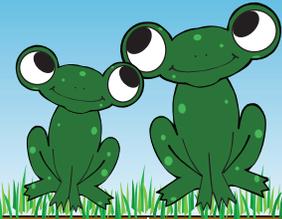
My friend is

I am good at

I learned

December 2013

Celebrate Me Month!



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4 <i>Celebrate! I know shapes</i>	5	6	7 <i>Library Visit Day!</i>
<i>Your child has completed his/her first months of Kindergarten. Celebrate this success together!</i>						
8	9 <i>Make a Paper Snowflake Day!</i>	10	11	12 <i>Celebrate! We can read together</i>	13	14
<i>Check in with your child's teacher this week</i>						
15	16 <i>Celebrate! I can write my name</i>	17	18 <i>Celebrate! I know colors</i>	19	20 <i>Celebrate! I can count to ___</i>	21 First day of Winter <i>Draw a picture about Winter</i>
22 <i>Build a Snowman or draw one</i>	23	24	25 Christmas Day	26	27	28
29	30 <i>Write/draw a 'Thank You' note</i>	31	1	2	3	4

Religious Holidays and Events 2013



JANUARY

Jan. ____
Jan. ____

FEBRUARY

Feb. ____
Feb. ____

MARCH

Mar. 31 **Easter Sunday**
Mar. ____

APRIL

Apr. ____
Apr. ____

MAY

May. ____
May. ____

JUNE

June ____
June ____

JULY

July 9 **Ramadan Starts**
July ____

AUGUST

Aug. 8 **Eid ul-Fitr**
Aug. ____

SEPTEMBER

Sept. 5 **Rosh Hashanah Begins**
Sept. 14 **Yom Kippur**
Sept. ____

OCTOBER

Oct. 15 **Eid ul-Adha**
Oct. ____

NOVEMBER

Nov. ____
Nov. ____

DECEMBER

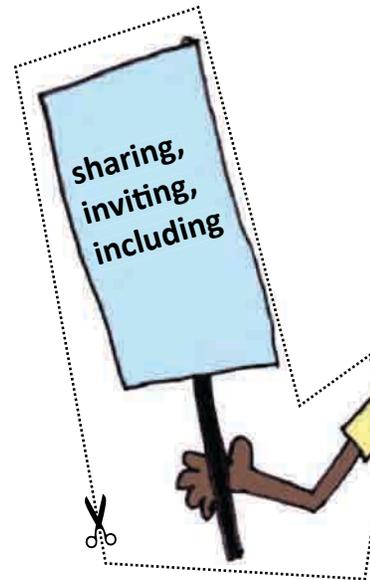
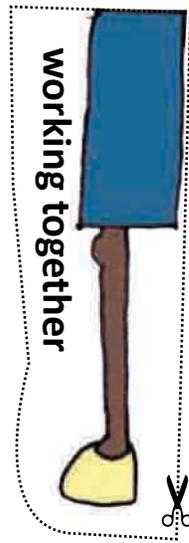
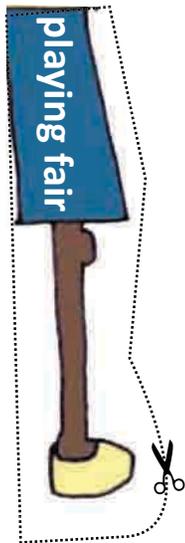
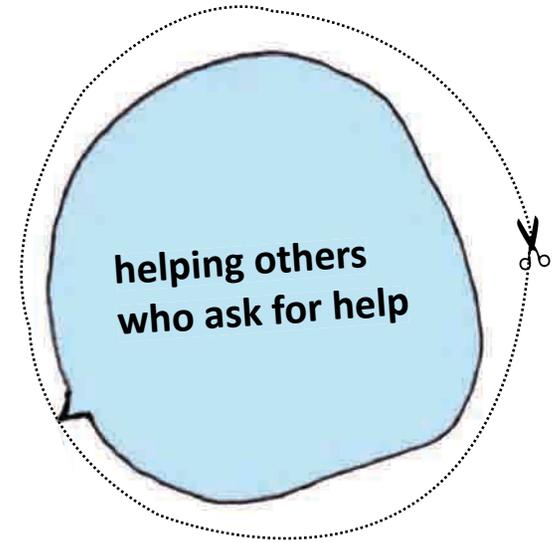
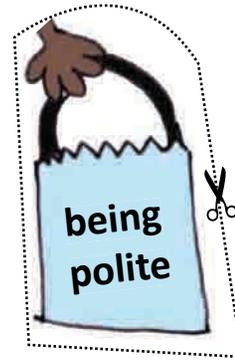
Dec. 5 **Hannukah**
Dec. 26 **Kwanzaa**
Dec. ____

Please note that some of these dates are tentative dates and may need to be confirmed closer to the time.

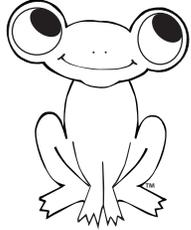
You can also ask your school for a day off if it is an official religious holiday for you and your family on that day.

Can you build a good friend?

Cut out the pieces and glue or tape them to the July Calendar to build your good friend



Place a photo
of your child
here



The ABC's Of My Child

Date: _____

Child's Name: _____

Child's Birthday: _____

Allergies: _____

Is afraid of: _____

Parent or Guardian:

Name: _____

Phone: _____

Email: _____

Best time to contact me:

I am proud that my child knows:

I think my child is good at:

My child really likes:

I am most concerned about:

I am excited for my child to learn:

The people who live with my child are:

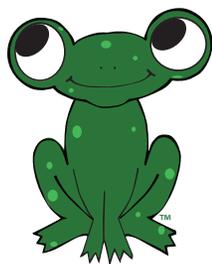
My child enjoys it when we read
this book or sing this song:

My child and/or our family could
use help with:

I would like to be involved in my child's
education in these ways:

The Ready Freddy Activity Calendar was created by the Ready Freddy Team with consultation from Sarah Perlmutter.

Cover Illustration by Erin K. Reddy. Inside Illustrations by Mariam Hobeldin & Erin K. Reddy.



Ready Freddy

PATHWAYS TO KINDERGARTEN SUCCESS

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For more information about

Quality Transitions to Kindergarten, contact:

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at 412-244-6372

by email at aiw9@pitt.edu

Visit our website at www.readyfreddy.org

Pathways to Kindergarten Success

Office of Child Development

University of Pittsburgh

400 North Lexington St., LL104

Pittsburgh, PA 15208

Cut out and complete these ID Cards in May. There are two, just in case one is lost.

Ready Freddy I.D. Card

Name _____

Address _____

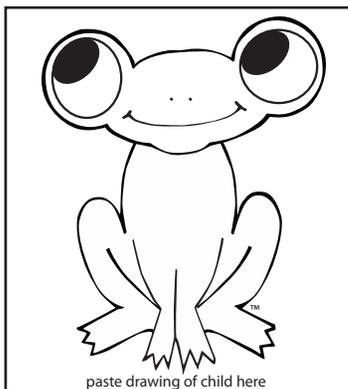
Address _____

Phone _____

Age _____

Height _____ Weight _____

Eye Color _____



Ready Freddy I.D. Card

Name _____

Address _____

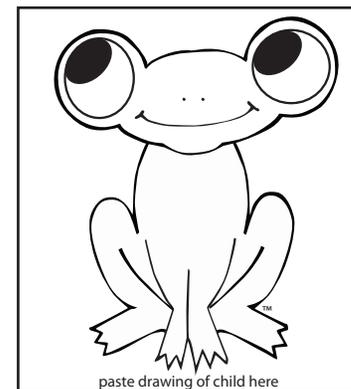
Address _____

Phone _____

Age _____

Height _____ Weight _____

Eye Color _____

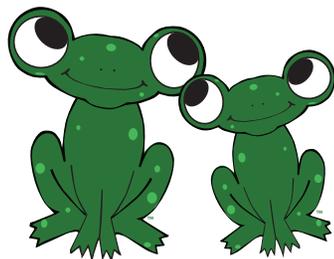


OCD

OFFICE OF
CHILD DEVELOPMENT

Supporting families and communities through research, education, practice, and policy

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