

KINDERGARTEN Matters



You'll be amazed.

2016 Ready Freddy

CALENDAR

Pathways to Kindergarten Success

Lyrics for songs found in the calendar.

Twinkle, Twinkle, Little Star

Twinkle, twinkle, little star,
how I wonder what you are.
Up above the world so high,
like a diamond in the sky.
Twinkle, twinkle, little star,
how I wonder what you are.

Head, Shoulders, Knees and Toes

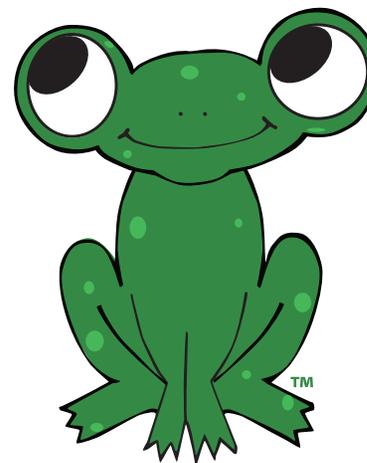
Head, Shoulders, Knees and Toes,
Knees and Toes.
Head, Shoulders, Knees and Toes,
Knees and Toes.
Eyes and Ears and Mouth and Nose.
Head, Shoulders, Knees and Toes,
Knees and Toes.

Hickory Dickory Dock

Hickory, dickory dock
The mouse ran up the clock.
The clock struck one,
The mouse ran down
Hickory, dickory dock.

A, B, C Song

A, B, C, D, E, F, G;
H, I, J, K, L, M, N, O, P;
Q, R, S;
T, U, V;
W, X;
Y and Z.
Now I've sung my ABCs,
Next time won't you sing with me.



Ready Freddy is funded by:

Henry L. Hillman Foundation
The Pittsburgh Foundation
The Heinz Endowments
The Grable Foundation
The Buhl Foundation
Birmingham Foundation
The Sprout Fund
Giant Eagle

Listen to these songs at
[readyfreddy.org/media/ready-freddy-songs](https://www.readyfreddy.org/media/ready-freddy-songs)

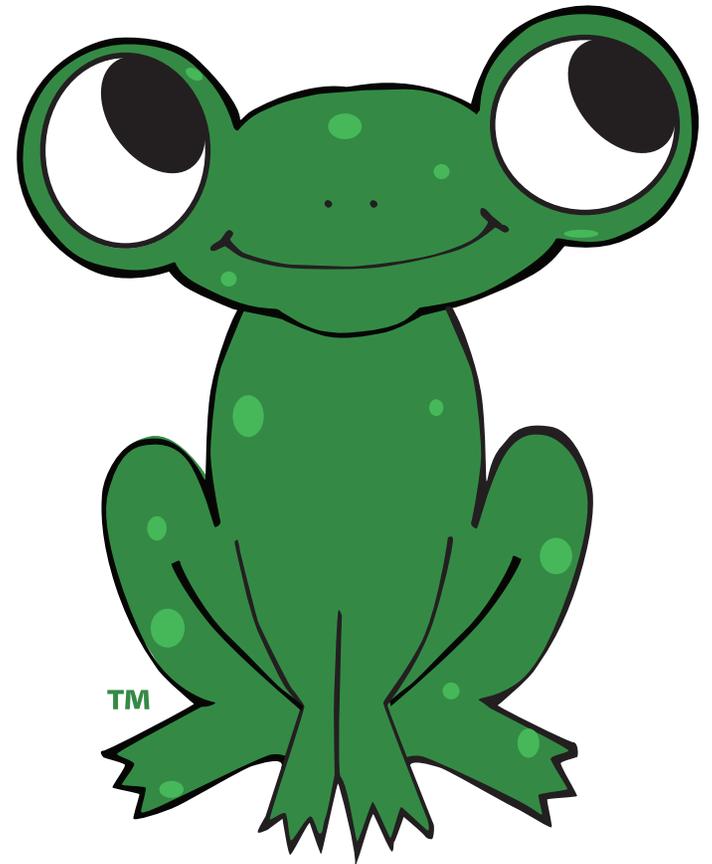
2016

It's a new year with Ready Freddy!

This is a big year for you and your child. Working on these calendar activities together will be great practice for kindergarten and beyond.

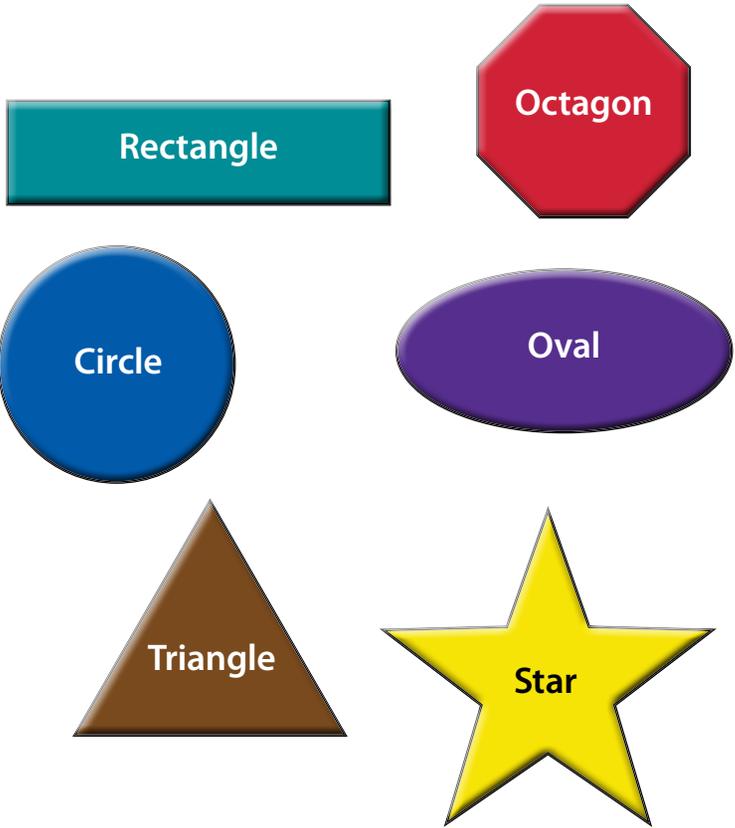
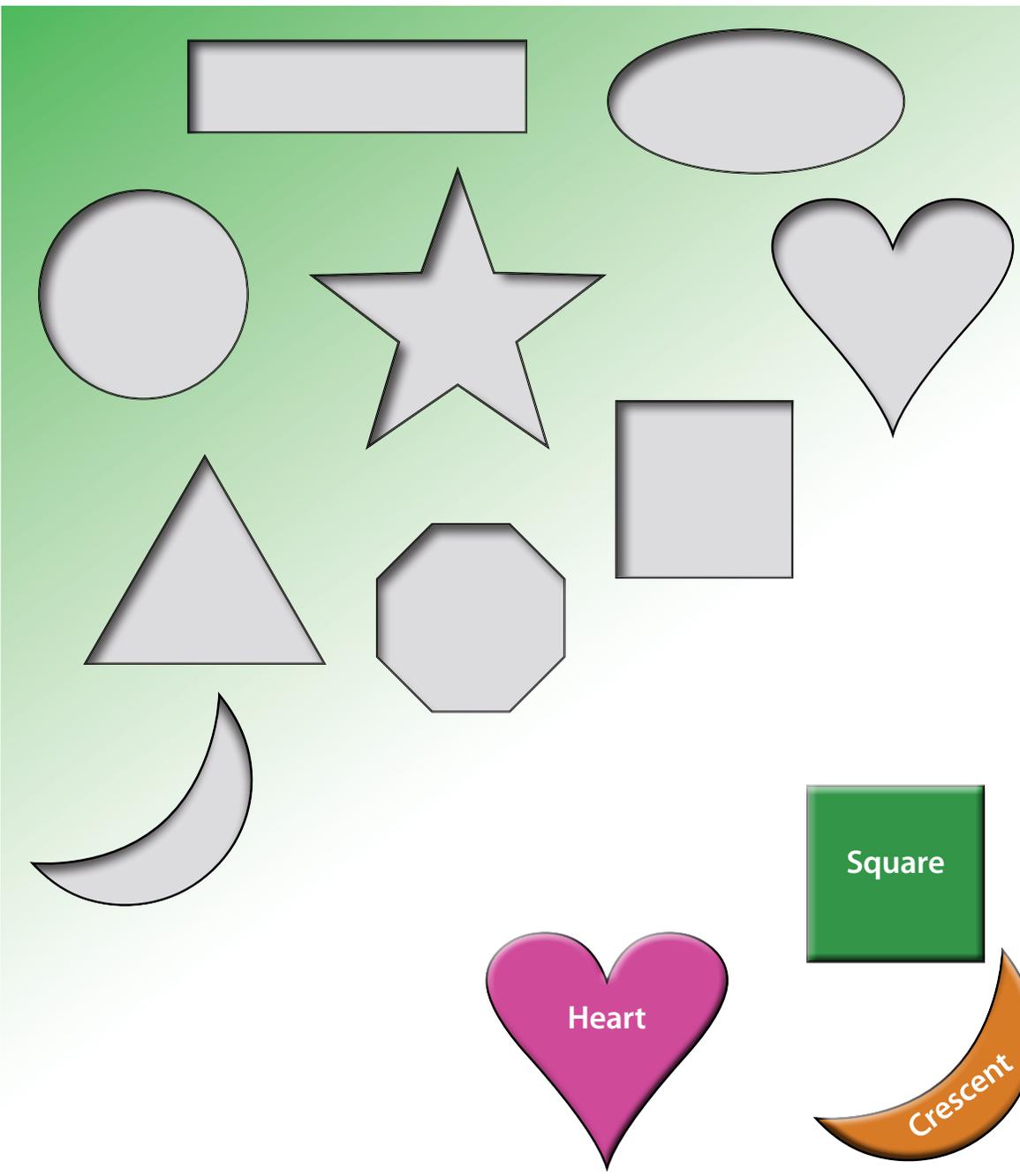
Every month has a special theme. You and your child can explore different games, skills, and values together. You don't have to do each activity on the given day—work with your family's schedule—just remember to have fun!

For more information, please call us at 412-383-7372, or contact your school.



Can you match the shapes?

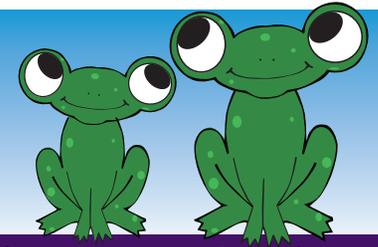
Draw a line to connect the matching shapes.



Do you know
your shapes?

January 2016

Shapes Month

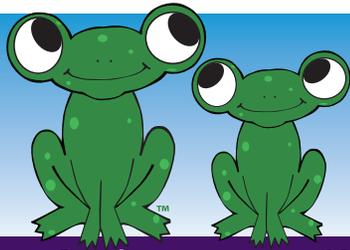


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
27	28	29	30	31 New Year's Eve	1 New Year's Day	2  LAST
<div style="border: 1px solid black; border-radius: 15px; padding: 5px; width: fit-content; margin: 0 auto;"> <p style="text-align: center; margin: 0;">Phases of the Moon</p> <div style="display: flex; justify-content: space-around; align-items: center;"> <div style="text-align: center;"> NEW</div> <div style="text-align: center;"> FIRST</div> <div style="text-align: center;"> FULL</div> <div style="text-align: center;"> LAST</div> </div> </div>						
3	4 <i>Draw some circles and see what funny faces you can make!</i>	5	6 <i>Sing "Twinkle, Twinkle, Little Star"</i>	7 Orthodox Christmas	8 <i>Play Tic-Tac-Toe</i>	9  NEW
Circles Week - Look for things that are circles.						
10	11 <i>Name the shape of different street signs.</i>	12	13	14 Orthodox New Year	15	16  FIRST <i>Library Visit Day! Find a book about shapes.</i>
Squares Week - Look for things that are squares.						
17	18 Martin Luther King Jr. Holiday	19	20 <i>What shapes can you see out of your window today?</i>	21	22 <i>Put together a puzzle!</i>	23  FULL
Triangles Week - Look for things that are triangles.						
24 Belly Laugh Day	25	26	27	28	29	30
 LAST	31					
Rectangles Week - Look for things that are rectangles.						



Do you know your colors?

With crayons, color ten ovals using the colors on this page. Practice writing the names of the colors beside each.



February 2016

Colors Month

What's your favorite color?

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
31	1	2 Groundhog Day	3 <i>How many colors are in your room?</i>	4	5 Wear Red Day Women's Heart Health	6
Red and Orange Week - Look for things that are either red or orange!						
7 <i>Sort and match your clothes by color.</i>	8  Chinese New Year	9 Mardi Gras	10 Ash Wednesday	11 <i>Draw and color a picture of Ready Freddy the frog.</i>	12 Lincoln's Birthday	13
Green and Yellow Week - Look for things that are either green or yellow.						
14 Valentine's Day	15  President's Day	16	17	18 <i>Learn the colors of street signs.</i>	19	20
Blue and Purple Week - Look for things that are either blue or purple.						
21 <i>Name the colors in the fruit section at the store.</i>	22  Washington's Birthday	23	24 <i>Draw a picture of your family using as many colors as you can.</i>	25	26	27 <i>Library Visit Day! Find a book about colors.</i>
Black and White Week - Look for things that are either black or white.						
28	29	1	2	3	4	5

February is a special enrollment time for children in pre-school, but anyone can register early! Call your school to find out how.

A B C D E F
G H I J K L M
N O P Q R S
T U V W X Y Z

My Name is



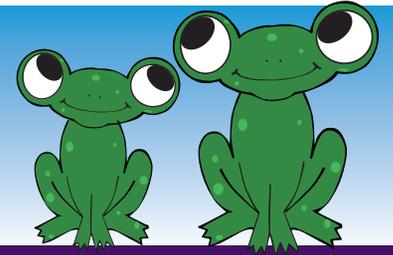
This is me. 
Draw a picture of yourself here.

Visit [readyfreddy.org](https://www.readyfreddy.org) for more great ideas.

Do you know
your ABCs?

March 2016

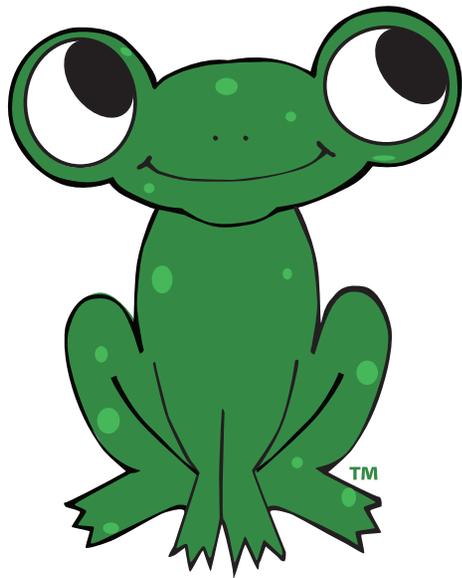
Learning Letters & Writing



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28	29	 1 Sing the ABC song.	2 Read Across America	3	4 Look for the letters in your name.	5
6	7 Find all the letters in your name in books or magazines.	 8	9	10 Practice writing your first name.	11	12 Library Visit Day! Find a book about letters of the alphabet.
It's letter 'A' week - name words that start with the letter A.						
13 Daylight Saving Time Begins - "Spring Ahead"	14 Practice writing your last name.	 15	16 Write down all the letters in the alphabet.	17 St. Patrick's Day	18	19
20 First Day of Spring Palm Sunday	21	22 Learn to write the name of a favorite aunt or uncle.	 23	24 Keep practicing your letters.	25 Good Friday	26
27 Easter Sunday	28	29	30	 31	1	2
Call your school district to check the date for registration and schedule a school visit for you and your child.						

Know Your Numbers

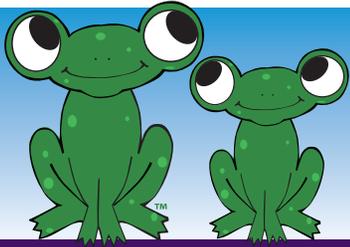
*1, 2, 3, 4, 5, 6, 7,
8, 9, 10, and 11
on and on
the numbers go
I can count them
fast or slow.*



0 1 2 3 4 5
6 7 8 9 10
11 12 13 14 15
16 17 18 19 20

How old are you? _____

Visit readyfreddy.org for more great ideas.



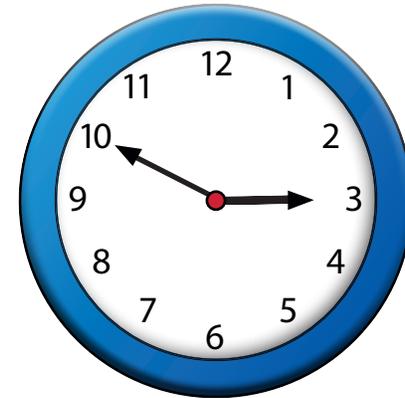
April 2016

Numbers Month

Countdown to Kindergarten.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
27	28	29	30	31	1 April Fool's Day	2
<p>April is Kindergarten enrollment month! Call your school district and check the date for registration and schedule a school visit for you and your child.</p>						
3 <i>Fill out the "ABCs of My Child" found at the back of this calendar and take it to your school visit.</i>	4 <i>Count toys during clean up.</i>	5	6 <i>Count to 20.</i>	7 	8 <i>Measure how tall you are.</i>	9 <i>Library Visit Day! Find a book about numbers or counting.</i>
10	11	12 <i>Play a card game or dominos.</i>	13	14  <i>Pairs Day – Look for things that come in twos.</i>	15 Tax Day	16 <i>Cook Together – measure ingredients.</i>
<p>Have fun with number 1 – how many can you find around you?</p>						
17	18 <i>Learn your phone number.</i>	19	20 <i>Count the number of plants in your home or yard.</i>	21	22  Passover Begins at Sunset Earth Day	23 <i>Count your fingers and toes.</i>
24	25 <i>Learn your address.</i>	26	27 <i>Count down from 10 to 1.</i>	28 Take Your Sons and Daughters to Work Day	29  Arbor Day	30 Passover Ends

Learn About Time



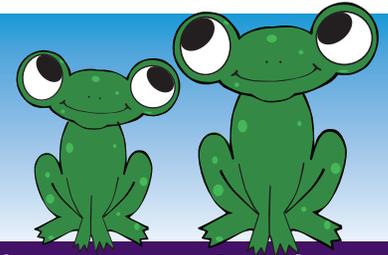
- Time to wake up.*
- Time to go to school.*
- Time to eat lunch.*
- Time to go home.*
- Time to play.*
- Time to eat dinner.*
- Time to bathe.*
- Time for a story.*
- Time to sleep.*

Visit readyfreddy.org for more great ideas.

*It's time to get ready
for Kindergarten.*

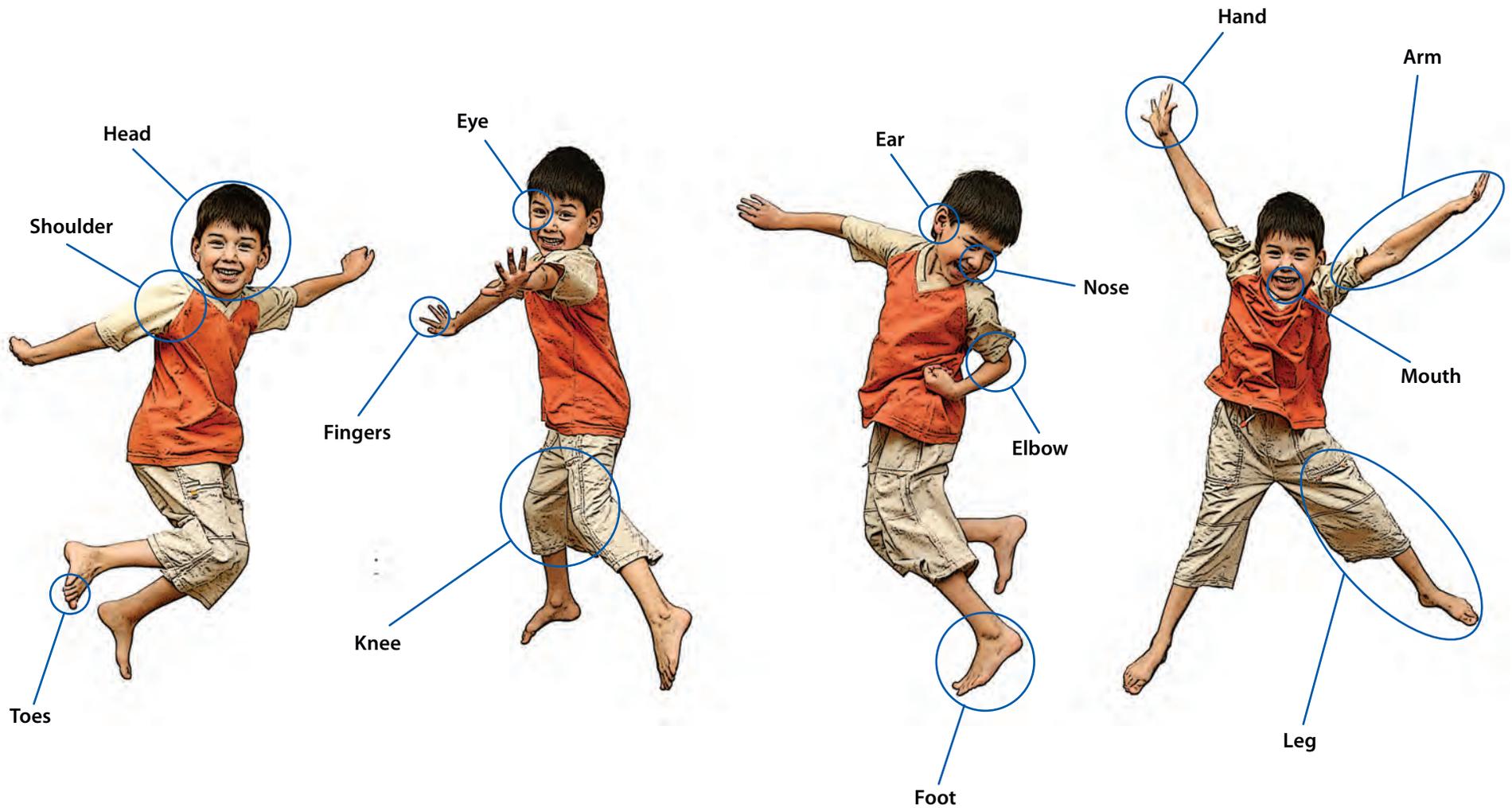
May 2016

Working with Time

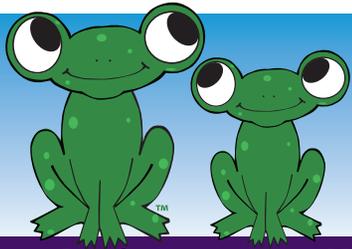


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Orthodox Easter	2 <i>Time yourself – What are all the things you can do in 1 minute?</i>	3	4	5 Cinco de Mayo	6 	7 <i>Race with a friend or a sibling!</i>
8 Mother's Day	9	10 <i>Wash your hands for 15 seconds (same time it takes to sing Happy Birthday two times fast).</i>	11	12 <i>Play a quiet game: Can you be still and quiet for 1 minute (60 seconds)?</i>	13 	14
15 <i>Cook together – How long does it take to make your favorite meal?</i>	16	17	18 <i>Make a schedule for the day.</i>	19	20	21  <i>Library Visit Day! Can you find a book about time?</i>
22	23	24 <i>Sing "Hickory Dickory Dock."</i>	25	26	27 <i>Time yourself – Brush your teeth for 2 minutes.</i>	28
Practice naming the days of the week!						
29  <i>Learn to set an alarm clock.</i>	30 Memorial Day	31 <i>What time did you get up today?</i>	1	2	3	4

Can you name the different parts of your body?



Visit [readyfreddy.org](https://www.readyfreddy.org) for more great ideas.



June 2016

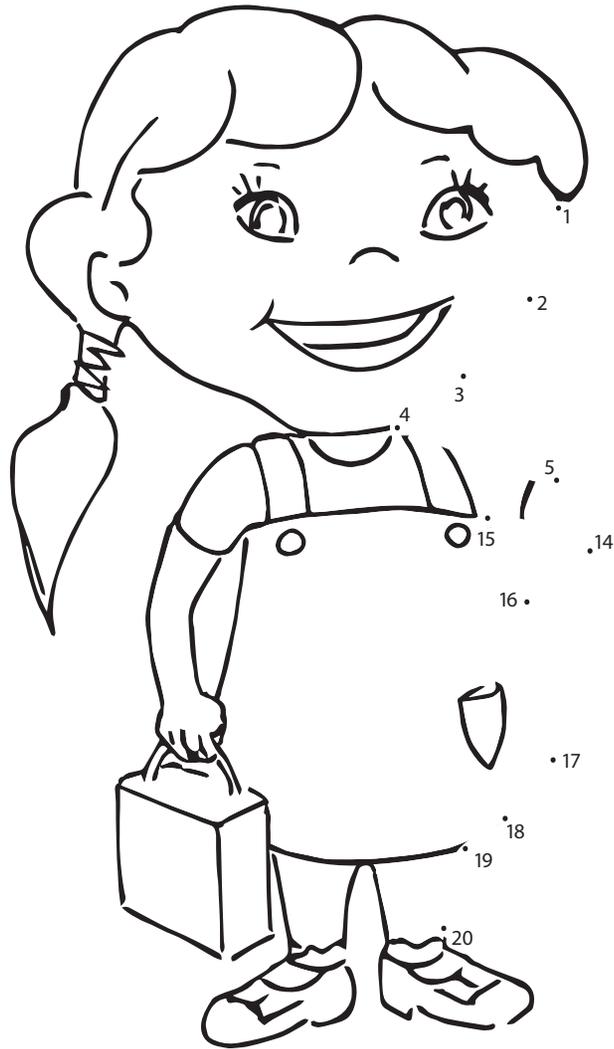
Motor Skills Month

Move your body.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
29	30	31	1	2	3	4
<p><i>Don't stop learning. Summer is a great time to work on new skills. Check with your school and local library for fun activities. Also most libraries have summer reading programs for all ages.</i></p>				Trace your hand and color it in.		 Get dressed all by yourself.
5 Ramadan Begins (at sunset)	6 D-Day	7	8 Practice with zippers.	9	10 Draw a picture of yourself.	11 Library Visit Day! Can you find a book about someone learning a new skill?
 12	13 Running day!	14 Flag Day	15	16 Sing "Head, Shoulders, Knees and Toes."	17	18
This week practicing using kid scissors.						
19 Father's Day	 20 First Day of Summer	21	22 Hopping Day! Try hopscotch or jumping rope.	23	24	25 Walking Backwards Day!
26	 27	28 Practice buttoning a shirt.	29	30 Practice tying shoelaces.	1	2

Good Friends are hard to find.

Connect the dots to find your friends.



Friends

Share

Are polite

Play fair

Invite

Include

Work together

Are kind

Wave hello

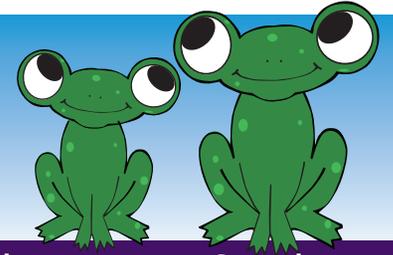
Help others

Visit readyfreddy.org for more great ideas.

Make a
new friend.

July 2016

Teamwork – Working Together



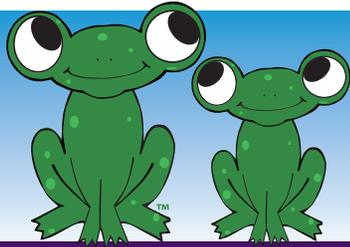
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
26 <i>Towards the end of the month, put the first day of school on the calendar.</i>	27	28	29	30	1 <i>Draw a red, white, and blue picture!</i>	2 <i>Sharing Day! Practice sharing with a friend or a sibling.</i>
3	4  Independence Day	5	6 <i>Counting Day!</i>	7 Eid al-Fitr (Last day of Ramadan)	8 <i>Play a running game with friends or siblings.</i>	9
10 <i>Visit your local park – make a new friend.</i>	11 	12 <i>Play a ball game with friends or siblings.</i>	13	14 <i>Be a Good Helper Day!</i>	15	16 <i>Library Visit Day! Find a book about friends.</i>
17	18 <i>Practice your school morning routine.</i>	19 	20 <i>With a parent or older sibling, set the table.</i>	21	22 <i>Draw a picture of a friend.</i>	23
This week – Practice saying please and thank you.						
24 Parents' Day	25	26  <i>Read together with a family member.</i>	27	28 <i>Draw or color with a friend or sibling.</i>	29	30
31						

Play School

*Take turns pretending
you are the student
and the teacher.*



Visit [readyfreddy.org](https://www.readyfreddy.org) for more great ideas.



August 2016

Get Ready for School

*Practice your skills
and routine.*

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
31	1 	2	3	4	5	6
7 Friendship Day <i>Set and practice a school bedtime to get into the habit.</i>	8 <i>Practice writing your name.</i>	9	10  <i>Call the school to set a time to visit and meet the teacher.</i>	11	12 <i>"I can brush my teeth." Practice setting up your toothbrush and brushing by yourself.</i>	13 Left-Handers Day <i>Library Visit Day! Find a book about starting school.</i>
14	15 <i>"I can wash my hands." Practice washing and drying your hands by yourself.</i>	16	17 <i>"I can get dressed." Practice dressing yourself for school.</i>	18 	19 <i>Make a plan for getting your child to school on the days you can't take them.</i>	20 <i>Play School Day!</i>
21 <i>Practice walking or driving to school.</i>	22 <i>Practice your school morning routine.</i>	23	24  <i>Name the parts of being a good friend.</i>	25	26	27
28	29	30	31	1	2	3
<i>Help your child be more comfortable by visiting the school before the first day.</i>						

What activities do you do at school?

Make a list!

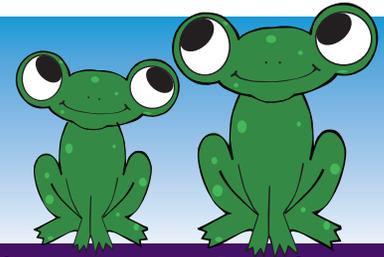


Visit [readyfreddy.org](https://www.readyfreddy.org) for more great ideas.

Work with the teacher to set learning goals.

September 2016

Having Fun at School



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28	29	30	31	1  Review the school calendar.	2	3 <i>Library Visit Day!</i> Find a book about going to kindergarten.
<i>September is a good time to talk with your child's teacher about working together on learning goals.</i>						
4	5 Labor Day	6 <i>Draw a picture of your teacher.</i>	7	8 <i>Talk about school together – How was your day?</i>	9 	10
Check in with your child's teacher this week.						
11 Grandparents' Day Patriot Day	12 Eid al-Adha (Festival of Sacrifices)	13 <i>Tell a story about your classroom.</i>	14 <i>Draw a picture of your favorite part of the school day.</i>	15	16  Stepfamily Day POW/MIA Recognition Day	17 Citizenship Day <i>Mark every day you went to school this week with a star!</i>
18	19 Talk Like a Pirate Day	20 <i>Draw a picture of yourself and a new friend.</i>	21	22 First Day of Fall <i>Draw a picture about Fall.</i>	23  Native American Day	24
25	26 <i>Draw a picture of the part of the day you are most excited about this week.</i>	27	28 <i>Talk about what you have learned in school so far.</i>	29	30 	1

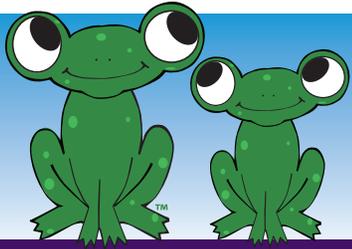
October Smiley Chart :)

Says "Please" and "Thank You"	Covers mouth when coughing or sneezing	Uses bathroom independently	Washes hands	Listens to adults or performs a chore	Gets dressed without help
					



Draw a smiley face in the appropriate box every time your child successfully completes the task.

Visit [readyfreddy.org](https://www.readyfreddy.org) for more great ideas.



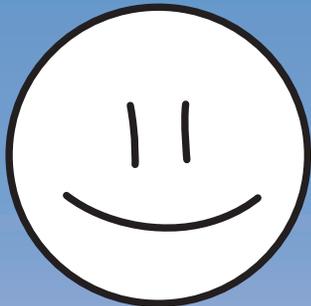
October 2016

Look What I Can Do

Show and Tell what you have learned

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
25 <i>Check to see if your child's school has Columbus Day off.</i>	26	27	28	29	30	1 Muharram (Begins at sunset)
2 Rosh Hashanah (Begins at sunset)	3	4 <i>Draw a picture of something you just learned.</i>	5	6	7 <i>Hopping Day!</i>	8 <i>Collect a few different leaves and create your own art doing leaf rubbings.</i>
9  <i>Help around the house.</i>	10 Columbus Day	11 Yom Kippur (Begins at sunset)	12	13 <i>Talk about something new you learned in school.</i>	14	15 <i>Library Visit Day! Look for a book about Fall or Halloween.</i>
Directions Week! Practice following simple directions from Mom, Dad or an older sibling.						
16  FULL	17 <i>Read a book together.</i>	18	19 <i>Name the different colors of fall leaves.</i>	20	21	22  LAST <i>Act out a story.</i>
23 <i>Sharing Day!</i>	24	25 <i>Read a book together.</i>	26	27	28	29 Halloween <i>Count the smiley faces on your chart.</i>
30  NEW	31					

How Are You Feeling Today?



happy



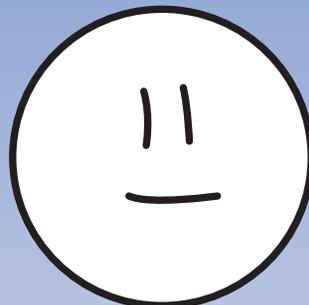
sad



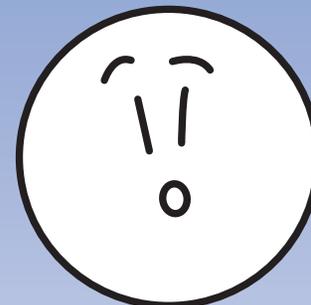
frustrated



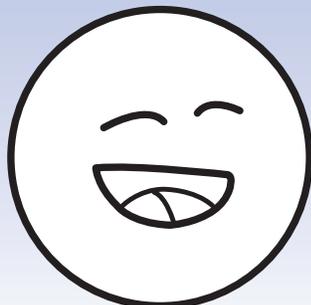
confused



okay



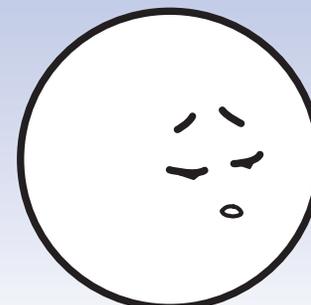
surprised



excited



angry



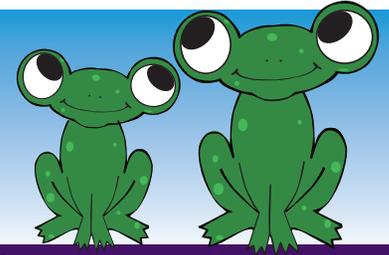
tired

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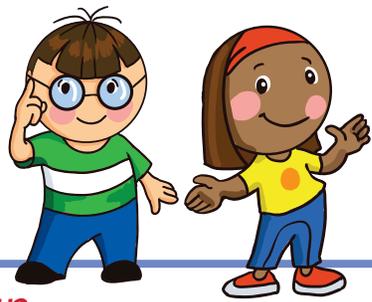
Use your words.

November 2016

Talk About Feelings



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30 <i>Talk to your child about feelings every day.</i>	31	1	2 All Souls' Day/ Day of the Dead	3	4 <i>Draw a picture of something that makes you happy.</i>	5
6 Daylight Saving Time Ends – "Fall Back"	7 FIRST	8 Election Day	9	10 <i>Tell a story about something that makes you sad.</i>	11 Veterans' Day	12 <i>Library Visit Day! Look for a book about moods or feelings.</i>
Check in with your child's teacher this week.						
13	14 FULL	15 <i>Draw a picture of something that makes you excited.</i>	16	17	18 <i>Tell a story about a time you were surprised.</i>	19
20 <i>Tell a story about something that makes you angry.</i>	21 LAST	22	23	24 Thanksgiving Day <i>Draw a picture of something that you are thankful for.</i>	25	26 <i>Draw a picture of your Thanksgiving meal.</i>
27	28	29 NEW	30	1	2	3 <i>Make sure you know what days your child's school is closed in November. Some schools are closed Election Day, and Veterans' Day. Many, but not all, are also not open the Monday after Thanksgiving.</i>



I Go to Kindergarten



I can

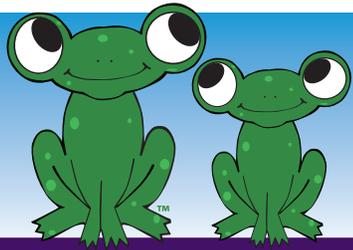
I love to

I want to

My friend is

I am good at

I learned



December 2016

Celebrate Me Month

Praise your child's progress.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
27	28	29	30	1 <i>Celebrate! I know my shapes.</i>	2	3
Remind your child how much they have learned since the beginning of the school year.						
4	5	6 <i>Make a paper snowflake.</i>	7  FIRST Pearl Harbor Day	8 <i>Celebrate! We can read together.</i>	9	10
Check in with your child's teacher this week.						
11 Mawlid al-Nabi (Begins at sunset)	12 <i>Celebrate! I can write my name.</i>	13  FULL	14 <i>Celebrate! I know my colors.</i>	15	16 <i>Celebrate! I can count to ____.</i>	17
18	19	20  LAST	21 First Day of Winter	22	23	24 Hanukkah (Begins at sunset)
25 Christmas Day	26 Kwanzaa Begins	27	28	29  NEW	30	31 New Year's Eve
Find out when you need to be back to school. Everyday matters, even around the holidays.						

2016 Holidays & Events

JANUARY

Blood Donor Month

Jan. 1	New Year's Day
Jan. 6	Epiphany
Jan. 7	Orthodox Christmas
Jan. 14	Orthodox New Year
Jan. 18	Martin Luther King Jr. Day
Jan. 24	Belly Laugh Day

FEBRUARY

Black History Month

Feb. 2	Groundhog Day
Feb. 8	Chinese New Year
Feb. 9	Mardi Gras (Shrove Tuesday)
Feb. 10	Ash Wednesday
Feb. 12	Abraham Lincoln's Birthday
Feb. 14	Valentine's Day
Feb. 15	President's Day
Feb. 22	George Washington's Birthday

MARCH

Women's History Month

Mar. 2	Read Across America
Mar. 17	St. Patrick's Day
Mar. 20	Palm Sunday
Mar. 24	Purim
Mar. 25	Good Friday
Mar. 27	Easter Sunday

APRIL

School Library Month

Apr. 22	Passover Begins
Apr. 22	Earth Day
Apr. 29	Arbor Day

MAY

Allergy & Asthma Awareness Month

May 1	Orthodox Easter
May 5	Cinco de Mayo
May 8	Mother's Day
May 15	Pentecost
May 30	Memorial Day

JUNE

Childhood Cancer Awareness Month

Jun. 6	First Day of Ramadan
Jun. 11	Shavuot – Feast of First Fruits
Jun. 14	Flag Day
Jun. 19	Father's Day

JULY

Make a Difference to Children Month

Jul. 4	Independence Day
Jul. 7	Eid al-Fitr (Last Day of Ramadan)

AUGUST

Immunization Awareness Month

Aug. 7	Friendship Day
Aug. 13	Left-Handers Day

SEPTEMBER

Childhood Obesity Awareness Month

Sept. 5	Labor Day
Sept. 11	Grandparents Day
Sept. 12	Eid al-Adha – Feast of Sacrifice
Sept. 16	POW/MIA Recognition Day
Sept. 16	Stepfamily Day
Sept. 19	Talk Like a Pirate Day
Sept. 23	Native Americans Day

OCTOBER

Bullying Prevention Month

Oct. 1	Muharram – Begins Islamic liturgical year
Oct. 2	Rosh Hashanah – Jewish New Year
Oct. 11	Yom Kippur – Day of Atonement
Oct. 12	Columbus Day
Oct. 31	Halloween

NOVEMBER

Native American Heritage Month

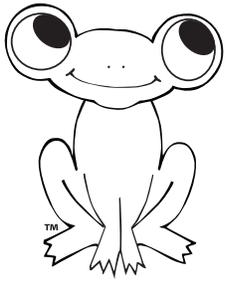
Nov. 1	All Saints' Day
Nov. 2	All Soul's Day / Day of the Dead
Nov. 8	Election Day
Nov. 11	Veterans Day
Nov. 24	Thanksgiving
Nov. 27	Advent Begins

DECEMBER

Human Rights Month

Dec. 7	Hanukkah – Festival of Lights
Dec. 12	Mawlid al-Nabi
Dec. 25	Christmas
Dec. 26	Kwanzaa Begins
Dec. 31	New Year's Eve

If you and your family observe an official religious holiday that falls on a school day, talk to your teacher or principal and ask for the day off.



Paste a photo
of your child here.

The ABCs of My Child

Date Completed _____

Child's Name _____

Child's Birthday _____

Allergies (if any) _____

Is afraid of _____

Parent or Guardian Information

Name _____

Phone _____

Alternate Phone _____

Email _____

Best time(s) to contact me:

I am proud that my child knows:

I think my child is good at:

My child really likes:

I am most concerned about:

I am excited for my child to learn:

The people who live with my child are:

My child enjoys when we read this book
or sing this song:

My child and/or our family
could use help with:

I would like to be involved in my child's
education in these ways:

The Ready Freddy Activity Calendar was created by the Ready Freddy Team at the Office of Child Development with consultation from Sarah Perlmutter.

Design: Michael Tarquinio

Illustration for May: Erin K. Reddy

Illustration for July: Michael Tarquinio

Illustrations/Photos for Front Cover, February, March, June, August, September, and December are derivative works from Thinkstock.



Ready Freddy

Pathways to Kindergarten Success

readyfreddy.org

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**For more information about
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Visit our website at: readyfreddy.org

Ready Freddy – Pathways to Kindergarten Success
Office of Child Development
University of Pittsburgh
400 North Lexington St., LL104
Pittsburgh, PA 15208

Cut out and complete these ID Cards in February. There are two, just in case one gets lost.

Ready Freddy ID Card

Name _____

Address _____

City _____

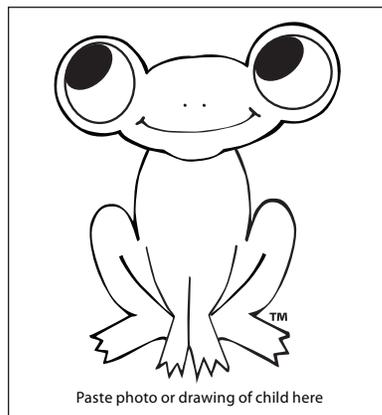
State _____ Zip _____

Phone _____

Age _____

Height _____ Weight _____

Eye Color _____



Ready Freddy ID Card

Name _____

Address _____

City _____

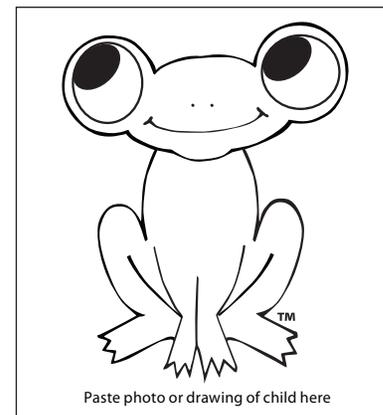
State _____ Zip _____

Phone _____

Age _____

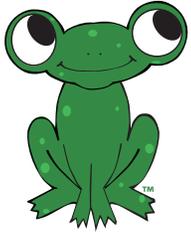
Height _____ Weight _____

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